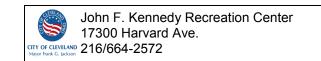
Aquatics Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00 –1:00 PM Sr. Swim Ages 50+	12:00- 12:45 PM Lap Swim 18+	12:00 –1:00 PM Sr. Swim Ages 50+	12:00- 12:45 PM Lap Swim 18+	12:00 –1:00 PM Sr. Swim Ages 50+	10:00-12:00 PM Adult Swim 18+
1:00 –2:00 PM Open Swim Ages 18+	1:00 –2:00 PM School Group 2:00-3:30 PM	1:00 -2:00 PM Open Swim Ages 18+	1:00 –2:00 PM School Group 2:00-3:30 PM	1:00 –2:00 PM Open Swim Ages 18+	1:00-3:00 PM Youth Swim 8-17
2:00 –3:00 PM Lap / Open Swim Ages 18+	Open Swim Ages 18+ 3:30-5:00 PM	2:00 –3:00 PM Lap / Open Swim Ages 18+	Open Swim Ages 18+ 3:30-5:00 PM	2:00 –3:30 PM Lap / Open Swim Ages 18+	3:30-5:30PM Family Swim 4+
3:00-4:00 PM Open Swim Ages 8-17	Open Swim Ages 8-17 5:00-6:00 PM	3:00-4:00 PM Open Swim Ages 8-17	Open Swim Ages 8-17 5:00-6:00 PM	3:30-5:00 PM Open Swim Ages 8-17	
4:00-5:00 PM Water Basketball Ages 12-17	Swim Lesson Ages 8-17	4:00—5:00 PM Water Basketball Practice	Swim Lesson Ages 8-17	5:00—6:00 PM Water Games Ages 12-17	A.C. 00
5:30 –7:30 PM Swim Team	6:00-6:45 PM Aquacise Ages 18+	Ages 12-17 5:00 -7:30 PM	6:00-6:45 PM Aquacise Ages 18+	6:00-7:30 PM Family Swim	
practice Ages 8+	6:45—7:30 PM Adult Learn To Swim Ages 18+	Swim Team Practice Ages 15+	6:45—7:30 PM Adult Learn to Swim Ages 18+		



Floor Aerobic Line Dancing Lap Swim Aquacise

Monday, Wednesday Friday Monday, Wednesday, Friday

Tuesday, Thursday

10:00-11:00 am 12:00- 1:00 pm 12:00- 1:00 pm 6:00-6:45 pm

Flag Football

Monday/Tuesday/ Wednesday

5:00-7:30pm

Gymnasium Schedule

All children 7 years old and under and less than 4 feet tall must be accompanied and supervised in the water by an adult. Two children per adult.

Other Exciting Activities

Step Aerobics Table Tennis Fitness Room Tai chi **Computer Lab**

Monday/Wednesday(*) Tuesday, Thursday Monday—Friday Thursday Friday

6:00—7:00 pm 6:00 - 7:30 pm 12:00—7:30 pm 1:00 - 2:00 pm 12:00 pm—7:30 pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12-2:00 PM	10:00-12:00 PM				
School Group	Volleyball				
Grades 4-8	Grades K-3	Grades 4-8	Grades K-3	Grades 4-8	18+
3:00-5:00PM	3:00-5:30PM	3:00-5:30PM	3:00-5:30PM	3:00-5:30PM	1:00-3:00 PM
Open Gym	Open Gym	Open Gym	Open Gym	Youth Open Gym	Flag Football
Ages 8-17	4-7				
5:30-7:30 PM	5:30-7:30 PM	5:30-7:30 PM	5:30-7:30 PM	6:00-7:30 PM Pee Wee/Family Night Ages 4+	3:30-5:30 PM
Flag Football	Volleyball	Flag Football	Volleyball		Open Gym
Ages 8-17	Ages 8-17	Ages 8-17	Ages 8-17		8-17

Schedule subject to change without prior notice